

Effect of economic downturn on corporate travel

The current recessionary period calls for a complete revamp of company travel policies, practices and behavior, says Themba Mthombeni the CEO of Duma Travel.

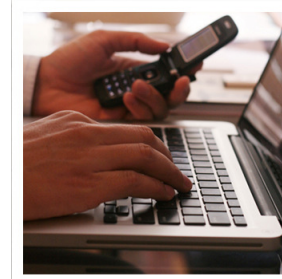
Research indicates that the average corporate travel budget shrank by 17% over the last year. With a significant move towards low cost carriers for domestic travel, less first class tickets and hotel accommodation below 3 Star.

More companies are using self booking tools but Mthombeni warns that these tools can become ineffective and fail if not backed up by a competent Travel Management Consultancy such as Duma Travel.

Even with travel restrictions alternative communication technologies such as tele- and video conferences have not replaced corporate travel. According to a recent study by Harvard Business Review, business people still prefer face-to-face meetings, especially for communicating with partners, new clients and employees.

The investment in corporate travel is now during difficult economic times more important than ever. Duma Travel can provide companies with strategic travel consulting services to ensure sustainable cost savings and a good return on investment.

August 2010



General News

The FIFA World Cup is behind us and we are proud to have hosted this World Class Event on South African Soil

We wish all the Women out there a Wonderful Women's Day on 9 August

Airline News

- Jet Airways and Kenya Airways have announced a new code share arrangement.
- British Airways will launch a twice-daily service to Gothenburg, Sweden on November 28.
- Delta has opened a renovated and expanded Sky Club at Los Angeles International Airport.
- Shanghai Airlines will terminate its membership with Star Alliance in October.
- Comair Limited operator of British Airways in SA and Kulula will expand its network into

General News

- Imperial Chauffer Drive has merged with Europcar and has changed its name to Europcar Chauffer Service.
- Avis has officially launched its car-rental kiosk and vehicle preparation facility at King Shaka International Airport. The kiosk has 17 dedicated customer service points, to handle domestic, international, preferred and express rentals as well as paraplegic and luxury car offerings.
- Following European approval last week, Iberia, American Airlines and British Airways have received regulatory approval to operate a joint business on transatlantic flights.
- Dubai International Airport has introduced a “silent airport” project, aiming to reduce the number of public announcements.
- Etihad Airways customers flying to Chicago and New York can now check-in and board from Terminal 3 at Abu Dhabi airport.
- We hope you found this update useful.



Leisure specials August

1. Blue Train/Twelve Apostles Hotel *****
2. Aston Bali Resort and Spa ****
3. Misty Hills Country Hotel and Spa ****

Exercise while flying

The following exercises will increase the body’s blood circulation and encourage movement in muscles that can become stiff as a result of inactivity.

1. Ankle Circles

Lift feet off the floor. Draw a circle with the toes, simultaneously moving one foot clockwise and the other foot counterclockwise. Reverse circles.

Rotate in each direction for 15 seconds. Repeat if desired.



2. Foot Pumps

Foot motion is in three stages.

1. Start with both heels on the floor and point feet upward as high as you can.
 2. Put both feet flat on the floor.
 3. Lift heels high, keeping balls of feet on the floor.
- Repeat these three stages in a continuous motion and in 30-second intervals.



3. Knee lifts

Lift leg with knee bent while contracting your thigh muscle. Alternate legs. Repeat 20 to 30 times for each leg.



4. Neck roll

With shoulders relaxed, drop ear to shoulder and gently roll neck forward and back, holding each position about five seconds. Repeat five times.



5. Knee to chest

Bend forward slightly. Clasp hands around the left knee and hug it to your chest. Hold stretch for 15 seconds. Keeping hands around the knee, slowly let it down. Alternate legs. Repeat 10 times.



6. Forward flex

With both feet on the floor and stomach held in, slowly bend forward and walk your hands down the front of your legs toward your ankles. Hold stretch for 15 seconds and slowly sit back up.



7. Shoulder roll

Hunch shoulders forward, then upward, then backward, and downward, using a gentle circular motion.



Repeated every hour for the best results.

Blue Train/Twelve Apostles Hotel***** from R8250 pp

- One way overnight trip 5star Blue Train from Pretoria to Cape Town
- All meals and drinks onboard the Blue Train
- 2 day Avis car rental including 200km free per day on standard cover
- 2 Night's accommodation at the 5 star Twelve Apostles Hotel and Spa in a classic room with breakfast
- One way economy airfare from Cape Town to Johannesburg
- All pre-payable airport taxes and fuel levies



Valid until

5 September 2010
(Surcharge of R320 for
September)

Aston Bali Resort and Spa**** from R9654 per person

- Return economy airfare to Bali from Johannesburg
- Return airport hotel airport transfers



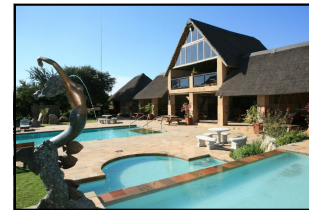
- 7 Nights accommodation at the 4* Aston Bali Resort and Spa
- Breakfast daily
- 20% discount on all spa treatments
- Current pre-payable airport taxes and fuel levies
- Price ex Cape Town R11 094 per person sharing



**Valid until
15 October 2010**

Misty Hills County Hotel and Spa****from R1594 per

- One night accommodation at the 4* Misty Hills Country Hotel with breakfast
- 1 Dinner at Carnivore Restaurant
- African Escape Spa Experience includes:
 - Aroma Spa Bath/Circulation Shower
 - Hot Stone Full Body Massage
 - Deep Cleanse Facial
 - African Scalp Massage
 - Light Lunch



**Valid until
30 September 2010**

Meet Themba Mthombeni the CEO of Duma Travel



Company founder and chairman Themba Mthombeni holds a Bachelor of Commerce from Wits University and BCom Honours and Masters of Business Leadership from Unisa. He underwent extensive training at the International Travel Management Academy in Vancouver, Canada. He has held a number of senior management positions with private and public companies where he honed his leadership, financial, marketing human resources and strategy crafting skills.

Themba is married to Nomvula with two children and is a keen runner and squash player.

Duma Travel

Duma Travel is an independent corporate Travel management Consultancy with eight years experience. After conducting extensive research , Themba Mthombeni identified the need for a corporate Travel Management Consultancy that could play a strategic role and offer more

than traditional travel arrangements. Duma Travel conducts travel audits, offers travel policy consulting, supplier consolidation, supplier negotiation and change management. The company assesses company's travel needs holistically, considers travel behavior and help companies to migrate to best practice.

The company is 100% black owned and is rated as Level 1 (AAA+) on the Empowerdex BEE rating. It has offices in all the economic centres of South Africa and an impressive list of blue chip clients in both the private and government sectors. It is accredited by IATA and ASATA and part of a larger consortium in Africa and globally, this ensures the best deals domestically and internationally. At Duma Travel Corporate Travel is core and with economies of scale it ensures an excellent return on investment for clients.



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